



**40<sup>th</sup> Anniversary Deaf Youth Sports Festival**  
**“7 to Ruby!”**  
**July 9-15, 2023**

**PARTICIPANT WHAT TO BRING / NOT TO BRING TO MDO**

**BRING**

- \_\_\_\_\_ Pillow
- \_\_\_\_\_ Bedding (Sleeping bag or Twin XL sheets)
- \_\_\_\_\_ Blanket
- \_\_\_\_\_ Bath Towels
- \_\_\_\_\_ Washcloths
- \_\_\_\_\_ Toiletries (toothbrush/paste/shampoo/soap, etc)
- \_\_\_\_\_ Pajamas
- \_\_\_\_\_ Sunscreen / bug repellent
- \_\_\_\_\_ Swim suit (Girls **MUST** have one-piece)
- \_\_\_\_\_ Beach Towel
- \_\_\_\_\_ Comfortable Sneakers (2 pair if possible)
- \_\_\_\_\_ Sweater or jacket
- \_\_\_\_\_ At last one pair of shorts per day (6 days)
- \_\_\_\_\_ At least one top per day (6 days) (Girls required to wear top under jersey)
- \_\_\_\_\_ Enough socks/underwear for daily use (6 days)
- \_\_\_\_\_ Outfit for Banquet/Dance - Theme ‘7 to Ruby Prom’ – formal dress (optional Ninja Turtle costume)
- \_\_\_\_\_ 1 or 2 casual outfits for evening events

**POSITIVE ATTITUDE (REQUIRED)**

See Full Dress Code at [www.mdoyouth.org](http://www.mdoyouth.org)

**DO NOT BRING**

Electronic Devices of **ANY** Kind

Cell phones, IPads, Game devices, spinners, computers, etc. Devices brought to MDO will be held in the safe until **AFTER** Closing Ceremony

Toys

Snacks

MDO supplies snacks 3 times per day: fruit, juice, cookies. Water available at all times.

Dirty clothes

Laundering facilities are **NOT** available to Participants

Jewelry

**NO** jewelry of **ANY** kind may be worn **during** competition.  
**NO EXCEPTIONS.**

**MDO accepts NO responsibility for loss or damage to any personal property brought to MDO.**

***Thank you for being a valuable part of MDO and allowing your children to experience MDO.***

***We look forward to seeing you at the 40<sup>th</sup> Anniversary of MDO! Please contact us with any questions.***

Email: [teammdo@gmail.com](mailto:teammdo@gmail.com)

Website: [www.mdoyouth.org](http://www.mdoyouth.org)

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